


Behavioral Healthcare Training in New Mexico: A Multi-Disciplinary and Inter-University Process and Vision

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WICHE
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ONE OF THESE KIDS
HAS A BROKEN ARM.
ONE OF THESE KIDS
HAS DEPRESSION.

BOTH NEED URGENT TREATMENT.



New Mexico is in the midst of a unique Behavioral Health System Transformation that is being watched closely throughout U.S.

BH Systems Change Vision

Quality BH Care Promotes Recovery for All:

- **Single BH service system – seamless, accessible, available**
- **Effective, efficient funds management**
- **Recovery, resiliency supported**
- **Mental health promoted**
- **Adverse effects of substance abuse & mental illness prevented/reduced**
- **Customers participate fully in the life of their communities**



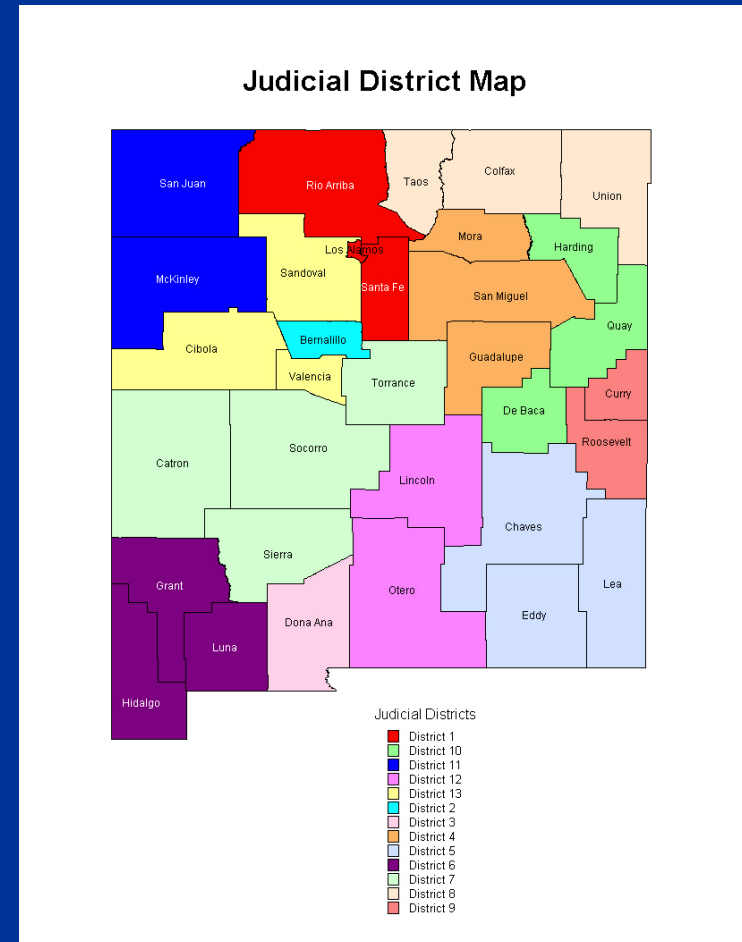
The 17 State Agencies Are:

- ❖ Human Services
- ❖ Aging & Long Term Services
- ❖ Children, Youth & Families
- ❖ Department of Health
- ❖ Corrections
- ❖ Public Education
- ❖ Transportation
- ❖ Finance & Administration
- ❖ Indian Affairs
- ❖ Labor
- ❖ Division of Vocational Rehabilitation
- ❖ Administrative Office of the Courts
- ❖ Mortgage Finance Authority
- ❖ Health Policy Commission
- ❖ Developmental Disabilities Planning Council
- Governor's Commission on Disability
- Governor's Health Policy Advisor



Local Collaboratives

- The state of New Mexico is divided into fifteen local collaboratives, based on Judicial Districts, in six geographical regions.
- The two Native American collaboratives are formed by tribe/nation and not geography.



ONE IN FIVE YOUTH HAS A MENTAL HEALTH PROBLEM



IT COULD BE YOU. IT COULD BE YOUR BEST FRIEND.

UNM Psychiatry's Center for Rural and Community Behavioral Health (CRCBH)

Mission

To address health care disparities through:

- capacity building
- training and workforce development
- health services research and evaluation
- increasing access to quality behavioral health services that are
 - holistic,
 - cost-effective and
 - provided with respect to the unique cultures within the communities of New Mexico



CRCBH Signature Components

- **Rural Psychiatry & Multi-Disciplinary Behavioral Health Training**
- **Telepsychiatry and Behavioral Health**
- **Native American Behavioral Health**
- **Behavioral Health Services Research and Evaluation**
- **Integration of Primary Care and Behavioral Health**
- **Consortium for Behavioral Health Training and Research (CBHTR)**



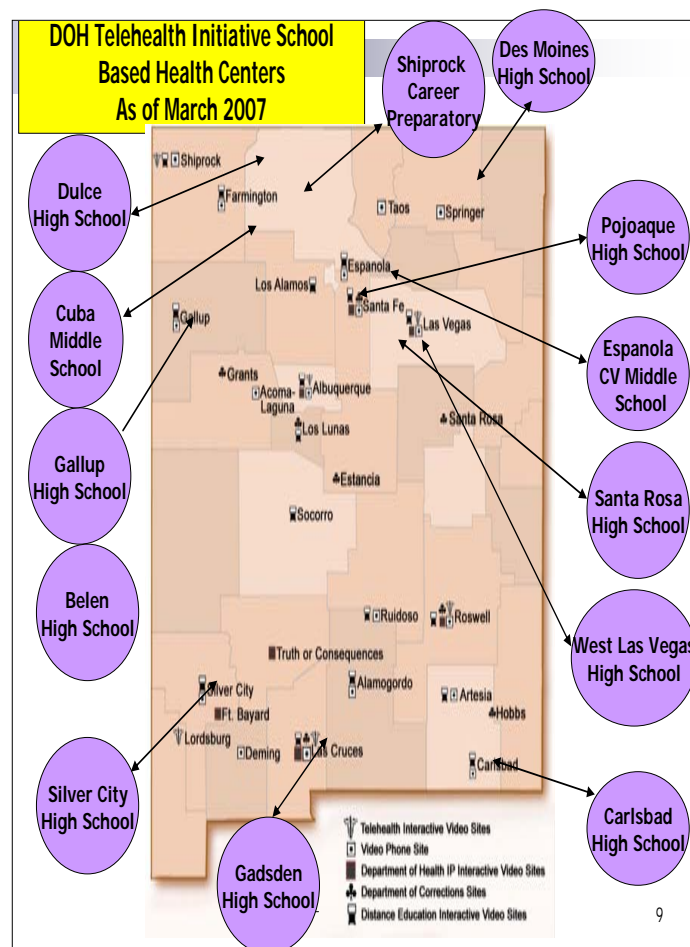
CRCBH Training Efforts

- Multi-disciplinary training both pre-and in-service for continuum of behavioral health and primary care providers
- Focus areas include:
 - Rural community mental health support
 - Televideo consultation and treatment
 - Evaluation and services research
 - Culturally competent care
 - Consumer and family focused care



Rural Tele-behavioral Health Training Model

- Cross-University professors and staff providing distant service, consultation, and distance learning
- Multi-disciplinary trainees from multiple higher ed. programs at each end of the camera
- Cross-training includes behavioral health and primary care





SAD
TIRED
ANGRY
IRRITATED
HOPELESS
RISKY BEHAVIOR

KNOW THE POSSIBLE SIGNS OF DEPRESSION.

The Consortium for Behavioral Health Training and Research (CBHTR)

- **A state-higher education partnership focusing on:**
 - **increasing the state behavioral health workforce,**
 - **increasing statewide training in best practice for behavioral health treatment,**
 - **coordinating and improving state behavioral health services research,**
 - **CBHTR is a critical priority of HED and the Behavioral Health Purchasing Collaborative.**



CBHTR Infrastructure

- **Initial funds from SAMHSA Behavioral Health Transformation grant,**
- **Executive Council co-chaired by HED Deputy Secretary Bill Flores and Behavioral Health Collaborative CEO Linda Roebuck.**
- **Initial representation from NM Highlands, NMSU, UNM, consumers, families, and state behavioral health staff.**
- **CBHTR Interim Director & Program Manager through UNM.**



CBHTR activities to date

- Training:
 - Native American program Co-Occurring Disorders
 - “Wraparound” model of children’s mental health services
 - Joint training grant applications
- Joint evaluation and services research efforts:
 - Total community approach substance abuse evaluation
 - PTSD support for returning Veterans and their families
- Mapping of workforce needs with WICHE



Vision for the Future:

- Broad inter-university partnerships with more joint faculty and student field opportunities
- Evidence-based interventions taught in classroom and modeled at site placements
- Increasing role of universities in ensuring “certification” for state in best-practice training
- Broader use of technology for integrated care and training models, esp. for rural areas.
- Workforce needs reflected more directly in University training priorities and state policies



